Mole Basics

A mole is....

- 6.02 x10²³ things just like a dozen is "12 things."
- The gram formula weight of a substance. (for example—water has a formula weight of 18 amu. One mole of water is 18 grams.)
- 22.4 liters of any gas at standard temperature and pressure. (Standard temperature is 0 C and standard pressure is 1 atm).

Any of the above definitions can be used in equivalencies as part of conversion factors. For example:

For water 18 grams/1 mole = "1"

or

1 mole / 18 grams = "1"

Use the "map" below to help you with conversions.

Mole Map

